

# Insight on Coaching – Guest Bio

*ANN VANINO, BUSINESS COACH and AUTHOR*

## Introduction

Ann Vanino, owner of Moving Forward Coaching & Consulting, is a business coach, author and consultant who helps individuals move forward to fulfilling and successful careers. Ann is based in Los Angeles, California.

## Experience

Prior to coaching, Ann's business career included management positions at the U. S. Environmental Protection Agency in Washington, DC and New York City's Department of Environmental Protection. As Assistant Commissioner of New York City's Hazardous Materials Emergency Response Team, Ann oversaw responses to over 600 chemical emergencies a year.

Since 1988, she has worked in the private sector, including founding Williams & Vanino, Inc. in 1991. Williams & Vanino, Inc, helped Fortune 500 corporations and government agencies comply with government regulations and manage their environmental programs effectively.

Ann has coached since 1996. Ann's current practice involves both coaching individuals and working with organizations as a coach and consultant.

## Education

Ann received a Master's Degree in Public Administration from New York University and a Bachelor of Arts Degree, *magna cum laude*, in Environmental Studies from the State University of New York at Albany. She received her training as a coach at The Coaches Training Institute in San Rafael, CA.

## Professional Affiliations, Publications and Recognition

Since 2000, Ann has written a local, weekly newspaper column, *Coaching Corner* which guides readers to a fulfilling life. She is the author of a book, *Leadership on Trial: Lessons from The Apprentice*, a booklet *Achieving Balance in Your Life* and two e-books: *Power Stories* and *Coaching Corner Volume 1*. Ann writes The Leadership Blog and a bimonthly ezine, *Power at Work*.

Ann is a member of the Board of Directors of The Antelope Valley Chambers of Commerce and is currently coordinating a Chamber effort to develop a Community Leadership program. She is a member of the Board of Directors of The Women's Coalition for World Reform, a nonprofit organization working to preserve civilization, tradition and natural resources. We are currently raising money to bring safe and sufficient drinking water to the Massai Community in the Lemek region of Kenya.

Ann is a member of the Los Angeles Chapter of The International Coach Federation and, in 2002, served on its Founding Board of Directors.