

Insight on Coaching – Guest Bio

Barbara McMahon: Executive Coach, Consultant

Introduction

For the last eighteen years, Barbara McMahon has been working as an organizational consultant, executive coach and trainer. She specializes in leadership development, team building, change management and building strategic partnerships. In 1989 she founded The Center for Transitional Management (CTM) in Orinda, California. Ms. McMahon is also on the executive leadership team for The Alexcel Group and is currently the head of their Women in Leadership Consulting Division.

Experience

Ms. McMahon was an instructor for over 20 years in the Graduate Psychology Department at John F. Kennedy University in Orinda, California, teaching Systems Theory and Group Dynamics. In 1999, she accepted a position as adjunct professor at St. Mary's College in Moraga, teaching Group Process in the Graduate Department of Education and Counseling. For the last four years, she has held the position of lead coach for the coaching faculty for the Global Institute of Leadership Development.

Education

- Ms. McMahon has a MSW degree from San Francisco State University and a BS in Sociology from University of California at Berkeley.

Professional Affiliations, Publications and Recognition

- She is widely regarded as an industry pioneer in the use of multi-source assessment tools and is one of the first consultants in the U.S. trained and licensed to administer 360-degree instruments developed by the TEAMS organization. She is responsible for the design and development of 'the rater team review' as described in her article in Executive Excellence (August, 2002).
- Based on her specialization in leadership development, coaching and consulting, she is a contributing author to Enlightened Power: How Women Are Transforming the Practice of Leadership released in April 2005 and is sole author of the book When I Rise: a Guidebook for Women in Leadership scheduled for completion in 2007.
- Barbara is a psychotherapist and has accumulated twenty-five years of clinical experience, during part of this time she worked as a full time clinical consultant to a Police Department in Northern California. While working for the police she developed one of the first systemically oriented programs in Stress Management and soon became sought after as a consultant in Stress Management for both Business and Professionals in High Risk Occupations.