

Insight on Coaching – Guest Bio

Deborah Deras

Coach and Co-Founder, Synergy Unlimited

Introduction

Coach Deborah Deras is the co-founder of Synergy Unlimited, a self-mastery company that uses the power of the mind to get at the root cause of productivity challenges. Deborah co-founded the first-ever Latina Business and Entrepreneur Network and has coordinated the Cinco de Mayo Career Expo in Southern California, the largest in the country, during the last 10 years.

Experience

Deborah serves as President of the first Bilingual Latina Toastmasters Club in Los Angeles. She is a sought after life coach, trainer and speaker, known for her dynamic energy, charisma and interactive style. She inspires her clients and audiences to maximize their potential and improve the quality of their lives.

Deborah has been featured on numerous television and radio programs, including: K-EARTH 101 with Vivian Porter, "Visions and Views with Pat Prescott" on KTWV, 94.7 The Wave, "The Aware Show with Lisa Garr" on KPFK, 90.7 and is the co-host of a cable show, along with her partner Adoley Odunton, entitled "The Power of Synergy."

Education

Deborah earned her M.S. in Counseling from California State University, Los Angeles, is a nationally certified Rehabilitation Counselor, and holds certifications in Neuro Linguistic Programming and Hypnosis. She is a Professor in the Human Services Department at the University of Phoenix.

Professional Affiliations, Publications and Recognition

Her passion and dedication to the Latino Community has led her to receive numerous awards including a nomination for Latina of the month by the National Latina Business Women's Association and Latina Entrepreneur of the Year 2003 & 2004. She is also featured regularly as an expert coach and speaker in *Latina* and *Catalina* magazines.