

# Insight on Coaching – Guest Bio

*Fred Abbott, Esq.*  
*Founder, Abbott Law Firm*

## Introduction

Fred Abbott is a University of Florida Football Hall of Famer who went on to play in the NFL for teams including the Philadelphia Eagles, Miami Dolphins and Minnesota Vikings. During Abbott's football career, he had the opportunity to play under some of the greatest coaches of all time such as Don Shula and Bud Grant. After over a decade of achieving success as an athlete, Abbott decided to attend law school in the hopes of achieving equal success as an attorney. Abbott has since gone on to become a renowned civil trial attorney in Jacksonville, Florida where he owns Abbott Law Firm, a highly successful personal injury practice.

## Experience

Abbott has just begun his 30th year of practice as an attorney. He has established himself as North Florida's leading civil trial lawyer specializing in serious bodily injury, wrongful death, medical/legal malpractice and insurance bad faith. Abbott has won multiple multi-million dollar verdicts against some of the most powerful corporations in the country including General Motors, State Farm Insurance and Geico. Prior to becoming an attorney, Abbott was a color commentator on University of Florida football radio broadcast with Otis Boggs and later, David Steel.

## Education

Abbott received both his B.A and law degree from the University of Florida.

## Professional Affiliations, Publications and Recognition

Abbott is a Board Certified Civil Trial Attorney by Florida Bar and a member of the Jacksonville Bar Association. He has been a member of the Association of Trial Lawyers of America/American Association of Justice and Academy of Florida Trial Lawyers/Florida Justice Association since 1979. Abbott gives regular lectures to other trial attorneys.