

Insight on Coaching – Guest Bio

Pat Perkins

Executive Coach and CEO, Exodus Coaching

Co-Chair Strategic Partnerships, Black Professionals Coaching Alliance

Introduction

Executive coach and professional speaker Pat Perkins is the CEO of Exodus Coaching, Inc., a company dedicated to assisting individuals and teams in maximizing performance through creating and achieving desired sustainable results. She is also co-chair of strategic partnerships for the Black Professional Coaches Alliance (BPCA), a nationwide network of African-American personal and executive coaches dedicated to the transformation of the African-American community. Pat has a track record of achieving results and a unique background in management, coaching, training and development, and program management.

Experience

Perkins brings more than 20 years of experience within Corporate America into her coaching engagements. Perkins' corporate background has granted her the opportunity to work in leadership positions with such billion dollar firms as AON Corp., Sara Lee Corp., RR Donnelley, and Hewitt Associates. While serving these great organizations, Perkins has led, trained and coached teams in size from 550+ to execute projects and programs ranging from \$1 million to \$100 million in budget. Her primary focus areas have been in Sales and Marketing, Finance and Administration and Technology.

Education

Perkins earned her masters in management information systems from Roosevelt University. She also holds the distinguished Project Management Professional (PMP) designation from the Project Management Institute.

Professional Affiliations, Publications and Recognition

Perkins holds a professional membership in the International Coach Federation (ICF) and she is certified as a Professional Co-Active Coach through the Coaches Training Institute.

She is a member of the National Association of Women Business Owners (NAWBO), Empowering Women Network, the Cosmopolitan Chamber of Commerce, and an authorized distributor of Inscape Publishing's DiSC® assessments.

Perkins has served on the board of the National Coalition of 100 Black Women and the BDPA Chicago Chapter. She is also the founder of the Salem Toastmasters of Chicago.