

# Insight on Coaching – Guest Bio

*Barton Goldsmith*

*Executive Coach, Relationship Expert and Author  
CEO, Goldsmith Consulting*

## Introduction

Named by *Cosmopolitan Magazine* as one of the country's top relationship experts, award winning psychotherapist, syndicated columnist and radio host, Dr. Barton Goldsmith, is an internationally recognized counselor, executive coach, author and speaker.

For more than two decades Fortune 500 companies, educational institutions, and government organizations worldwide have relied on him to help them develop creative and balanced leadership. Barton has started, grown and sold three businesses which gives him a unique understanding of entrepreneurs and those striving for success.

## Experience

Barton has over two decades of direct counseling experience. He is a highly sought after business consultant and executive coach, and presents to numerous companies, associations and leaders worldwide.

He has written several articles on mentoring including, "Creating a Company Mentoring Program" and "Mentoring is NOT Therapy."

He has worked with associations and businesses including the Professionals in Human Resources Association, Accenture, FranklinCovey, Trimark Pictures, Baxter Healthcare Corporation and InfoLink.

He also works regularly with The Young President's Organization and The Executive Committee (TEC).

Barton has served as chairman for TEC Worldwide, director of organizational psychology for Streamside Consulting and vice-president of Universal Education Centers. He is also on the faculty at Ryokan College.

## Education

Barton received his Ph.D. in Human Behavior Psychology and his M.A., Counseling Psychology at Ryokan College.

## Professional Affiliations, Publications and Recognition

Since 2002, Barton's weekly column, "Emotional Fitness", which is syndicated by Scripps-Howard News Service, runs in over 200 other newspapers giving him a readership in the millions.

In addition, his popular monthly business column has appeared in over 300 other publications. Barton also hosts a weekly radio show on the most award-winning station in Southern California, KCLU/NPR, with over 80,000 listeners in Los Angeles, Ventura and Santa Barbara.

Dr. Goldsmith has appeared on *CNN*, *Good Morning America*, *Fox & Friends*, *CBS News*, *NBC News*, *Beauty and The Geek* and *The Greg Behrendt Show*. Most recently, Dr. Goldsmith served as the national spokesperson for the Mars Candy *My M&M's Treasured Moments Challenge*.