

Insight on Coaching – Guest Bio

Kathy Jo Pollack
Certified Life Coach

Introduction

Kathy Jo Pollack is a certified life coach, trainer, and public speaker with a focus on personal finance. After working as a training specialist for over eight years at Consumer Credit Counseling Service she became a life coach so that she could also work with people individually. Her passion lies in helping people gain personal money management skills and understanding the power of credit. As a coach, Kathy Jo helps individuals and couples through teleclasses, one-on-one coaching, and onsite workshops that focus on the basics – prioritizing expenses, building and keeping good credit, and preventing identity theft which are all crucial today.

Experience

As a training specialist at Consumer Credit Counseling Service, Kathy Jo presented over 600 financial educational programs to more than 15,000 people from all walks of life. Some of the groups that she has presented to include Alcoa, CareerLink, Carnegie Mellon University, Employee Assistance Professionals Association (EAPA), Institute of Management Accountants, and Mellon Bank. She given several radio and television interviews and has written numerous articles on wise money management, including a four-part series on identity theft for the *Pittsburgh Post-Gazette*.

Education

Kathy Jo has a B.S. in Human Resources Management from Geneva College and holds a Life Coach Certification from the Coach Training Alliance.

Professional Affiliations, Publications and Recognition

Kathy Jo is a member of the Pittsburgh Coaches Association, International Coach Federation, and the National Speakers Association.